

INSTRUCTIONS AFTER RESTORATIONS (FILLINGS)

1. **You may experience some pain for two or three days after your treatment. Tylenol is good for this pain.**
2. **Do not attempt to eat until the numbness is gone. You may accidentally hurt your lip if you eat too soon.**
3. **Please be sure to eat on the other side of your mouth today.**
4. **Eat hard foods on the other side of your mouth so that your filling will have time to harden.**

If you should experience an emergency with this treatment, please call the number listed below.

(phone number)

